



November 13th, 2015

Greetings, once again, parents of Alta Vista Public School, Skiers and Snowboarders,

With summer behind us and a promising winter ahead, we are pleased to announce the **Ski Club** program of 2016. This is a parent volunteer organized School Council activity and covered by School Council liability insurance.

Over the last decade plus years the Ski Club has afforded many children the benefits of inexpensive, accessible opportunities to ski and snowboard. At the same time, committed parent volunteers have made the Ski Club a success. Once again, with the active involvement of the volunteers, parents, and the cooperation of students we look forward to another fun and fantastic season. **[**On that note, we are always looking for new volunteers. If you are able to volunteer your time both on and off the hill or with some of the administrative details, please make a note of same on the registration form or contact Margaret Jarmoc at 613-422-5605 (H), 613-769-4869 (cell) or by email at avskiclub79@gmail.com.**]**

Five Monday afternoon/evenings at **Camp Fortune** following the school day will be offered. Please note that **lessons are mandatory for beginners**. The dates are:

January 11 January 18 January 25 February 1 February 8

PA Day: Friday, February 12th, a full day departing the school at **8:00 am** and returning at **5:00 pm** will be offered at **Mont Ste Marie**, *if we have enough interest*.

****INTERMEDIATE AND ADVANCED SKIERS ON THIS DAY ONLY****

Grade 7 and 8 only will be let out of class 10 minutes early. Mondays, two buses depart the school, the intermediate bus at **3:30 pm** and the junior bus at **3:40 pm**, returning at **9:00 pm**.

Parents must be on time to pick up their children. All students **must** travel to and from the hills on the buses -- **no private transport!**

Eligibility: Only with fully completed forms, all students in Grades 5 to 8. **In addition, grade 4 students will be accepted, however beginners MUST be accompanied by a participating parent volunteer.**

Lessons and Rentals: One hour lessons will be offered each evening, appropriate to the level of expertise of the student, and are highly recommended for all. **Lessons are mandatory** for beginners. Equipment rentals are also available -- simply check box on the Registration Form.

Cost: Camp Fortune:

\$145.00 (lift ticket and bus)
60.00 (optional lessons)
\$60(ski)/\$75(snowboard) (optional rentals)

Proposed Mont Ste Marie Ski Day:

If you are interested in the Mont Ste Marie ski day, simply check off the box on the registration form and if there is enough interest, we will confirm at a later date that the excursion will go ahead. There will be a separate registration process for Mont Ste Marie once the date is confirmed. Further information will follow.

Cost for Mont Ste Marie: \$50.00 (optional MSM day: lift & bus)
\$17 (snowboard)/\$12/(ski) (optional rental MSM)

Cost is non-refundable in whole or part. Payment is for the full program and no refunds will be given for missed days, for those who change their minds, or to those expelled for discipline.

This year we are happy to introduce **ON-LINE REGISTRATION**, with payments made directly on-line. To register your child, simply click on the following link: <https://www.sagoto.com/avsc/ski>, fill out the form and follow the prompts for payment.

Please note that the **Concussion Management Policy** of the OCDSB can be found at the registration site. You are expected to read the policy and check off the box confirming that you have done so. In addition, you will find a **OCDSB Extra-Curricular Sport Consent and Physical Health Information Form** that must also be completed and submitted before your child can participate. Instructions as to how and where to submit are included on-line.

Registration will be open until **DECEMBER 4TH, 2015**. Space will be guaranteed to all who register by the dates specified.

Information for participants: It is **MANDATORY** that all participants attend a lunchtime meeting at 11:00 am on **Friday, January 8th, 2015** to review rules and expectations. Attendance will be taken and we strongly encourage parents to attend.

Tolerance for Safety Violations: ZERO!

Safety Equipment: Helmets are **mandatory** for all Ski Club students, to be worn at all times on the slopes and, of course, regulation bindings. Additionally for snowboarders, wearing **wrist guards** and leashes are **mandatory. No exceptions.** This is mandated by the OPHEA safety standards.

Availability: . Ski helmets do not form part of the rental package. If your child needs a helmet, I strongly encourage you to purchase one. However, helmets are available for rental at the hill **at an additional cost.** Wrist guards cannot be rented.

Parental discipline: Emphasizing co-operation, clear boundaries and expectations with your child is tremendously helpful and supportive, contributing to an enjoyable experience for all.

Many thanks in advance for your continued support for this program. Please do not hesitate to call me with any questions or comments. **Now all we need is snow!!**

Margaret Jarmoc